



ruthking

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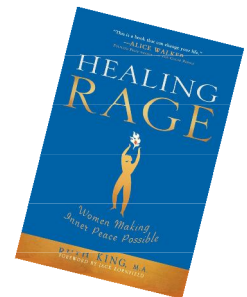
Leading Authority on  
EMOTIONAL  
WISDOM

## Women's Cancer Resource Center sponsors

**Waking Up to Your Disguises**  
*a FREE workshop with author Ruth King*

**May 21, 2009 \* 7:00 – 9:00 PM**  
5741 Telegraph Avenue, Oakland, CA 94609

What happens to you when someone becomes enraged? How aware are you of your internalized rage and its impact on the services you provide? What role is rage playing in your intimate relationships? Join Ruth King, in this fun and informative workshop and discover your disguises of rage, its roots, its shadow, and its wisdom.



Ruth King, MA, is a respected voice on emotional wisdom. She is the author of *Healing Rage—Women Making Inner Peace Possible*, and the audio CD *Soothing the Inner Flames of Rage—Meditations that Educate the Heart & Transform the Mind*. King weaves Eastern and Western psychology, leadership development, metaphysics, and teachings from wisdom traditions to lecture, coach, and facilitate retreats that transform the emotional body and mind. Visit [www.RuthKing.net](http://www.RuthKing.net)

**RSVP: Margo at [margo@wrcr.org](mailto:margo@wrcr.org), or call (510) 601-4040, Ext. 111**