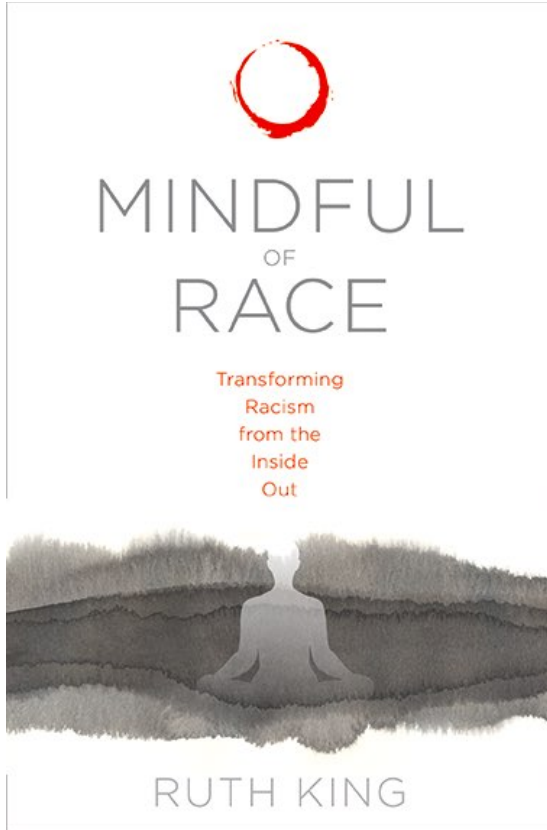




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Ruth King is an international teacher in the Insight Meditation tradition, an emotional wisdom author and life coach, and founder of Mindful Members Insight Meditation Community of Charlotte, NC.

